

VAK – TEST

Visual

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|---|---|---|---|---|---|---|---|---|---|
| 1. Which one of your frinds has the longest hair? | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 2. Remmember the face of your favorite school teacher. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 3. Imagine tigers straps. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 4. Imagine entrance door at your home . | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 5. Imagine your best friend woth the hat on their head. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 6. Imagine the biggest book in your home . | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |

Points (from possible 54) _____

Auditive

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|---|---|---|---|---|---|---|---|---|---|
| 1. How does your favourite song sounds? | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 2. Imagine hearing bells? | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 3. Which of your friends have the most quiet voice? | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 4. Imagine the sound of your car starting. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 5. Imagine your childhood best friends voice. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 6. Imagine sound of your voice under the wather. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |

Points (from possible 54) _____

Kinesthetic

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|--|---|---|---|---|---|---|---|---|---|
| 1. Feel your left hand in the water. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 2. Feel holding a glass in yourhands. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 3. Imagine petting a cat or dog. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 4. Imagine puttng on wet socks. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 5. Imagine yourself yumping from 2m high wall. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 6. Imagine being in sauna, with so high temperature. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |

Points (from possible 54) _____