

SELF – DEVELOPMENT PLAN

Personal development plan is an action plan design to improve knowledge and abilities, to establish aims and objectives (or goals) - what you want to achieve or where you want to go, in the short, medium or long-term in your career, education, relationship or for self-improvement. To create your personal development plan we encourage you to use following form:

Describe problem behavior:

Improvement goals (SMART)

Action 1 (what, when, where, with whom)

Resources:

Action 2 (what, when, where, with whom)

Resources:

Action 3 (what, when, where, with whom)

Resources:

Action 4 (what, when, where, with whom)

Resources: