



### **3 RESOURCE OF SELF-AWARENESS**

Every experience brings with it the opportunity to meet people who inspire you, support you in your achievements, and will help you handcraft your future. Who are the people, resources and experiences that will influence your success? Start thinking now!

Identify 3 resources to help you learn more about techniques and the process of gaining self-awareness and know how your behavior may impact others.

<b><i>Experiences</i></b>	<b><i>Why did you choose this?</i></b>	<b><i>Set a deadline for pursuing</i></b>

Determine 3 experiences you can pursue to hone these skills.

<b><i>Resources</i></b>	<b><i>Why did you choose this?</i></b>	<b><i>Set a deadline for completing</i></b>

Name 3 people who can help support you in meeting these goals.

<b>Contact name</b>	<b>Why you choose them?</b>	<b>Deadline for engaging them directly or indirectly</b>